

The email address for all correspondence is
officerlk@robertlekyng.bluekitetrust.org



This week, Year 3 visited Sevington Victorian School. All the children arrived dressed in their best Victorian clothes, including floor-length dresses, waistcoats and hats. During the visit, the boys and girls were separated, which felt very unusual. In the Victorian classroom, the children had to call the teacher "Ma'am" and stand up every time they wanted to speak, which felt very strict. Then, the children used chalk and slate to learn about money and practised their neat handwriting carefully using ink and a pen, just like Victorian children did, they had to be very careful not to spill the ink. Later on, the girls made sweet-smelling lavender bags, polished pots and learned how to use a heavy mangle to wash clothes, while the boys made candles and practised scaring birds away from crops. The children also saw the old toilets, which were very different and not as comfortable as the ones they have today. During lunch, the children had lots of fun playing Victorian games, including pretending to ride horses and hooping, which made them laugh. Towards the end of the day, they learned about the harsh punishments used in Victorian schools, including the cane, the dunce hat and the posture board, which made them realise how different school was back then. The children had a fantastic time, and this trip helped give them a first-hand experience of what life was like for Victorian children.



We took eleven children to the gymnastics competition. Our team had trained hard and it paid off because Mrs Aslam and I were extremely proud. It was a lovely morning of having fun while showing off our gymnastic skills. Well done to everyone!

Our rugby team were defending the title from last year but sadly got beat in the semi-final. The game could have gone either way but unfortunately it was not our day. Well done to the team.

In the netball competition we were runners-up! This was a great achievement because we don't have any children who play in a team outside of school so to get to the final was brilliant! The eventual winners were experienced players. Well done!

Our football team have a few games left and are still in with a chance of the title!

At the end of last term, a group of Reception children attended the Make a Noise festival at the Platform Theatre. Lots of fun was had by all by singing, actions and smiles. The children represented the school beautifully through listening, joining in and trying their best. We are extremely proud of them.



A big thank you to all who donated to our Red Nose Day fundraising on 20th March. A final total of **£206.47** was raised for the Comic Relief charity.

Mrs Clarke retired at the end of last term and will now be tending to her allotment and spending time with her grandchildren. Mrs Clarke had worked at RLK for more than 25 years and we will all miss her lots.





Parent Support Advisor

Mental health and Wellbeing courses for adults

The BSW Recovery College offers free, in-person and online wellbeing courses and workshops for adults aged 18+ living in Bath & North-East Somerset, Swindon and Wiltshire (BSW). Their courses help people look after their mental health, develop new skills and connect with others. They are designed with people with their own experiences of mental health difficulties. The college is also open to carers, friends and family.

Their courses (some of which are in Swindon, but the majority are on Zoom) include:

- ♦ ADHD: All kinds of Minds (5 session course)
- ♦ Better Sleep (1 session workshop)
- ♦ Building Resilience (1 session workshop)
- ♦ Introduction to Low Mood (1 session workshop)
- ♦ Managing Anxiety (1 session workshop)
- ♦ Managing Intense Emotions (4 session course)
- ♦ Self-kindness (1 session workshop)
- ♦ Assertive communication (1 session workshop)

For their digital prospectus and for more information (including booking a space) see [BSW-Apr-May-June-DIGI-FINAL.pdf](#)

As always, I am here to offer support and advice to all parents of children here at RLK. Parents/carers do not need to be referred but instead can contact me directly via the school office, or by emailing psa@robertlekyng.bluekitetrust.org

Please email me or ring the office if you would like to book a slot to discuss any issues, big or small, regarding parenting.

Tara Ward - Parent Support Advisor



SAFEGUARDING

What is Grooming and how would I spot it?

Grooming is when someone builds trust with a young person and makes a connection with them to get them to do something sexual or illegal. Sometimes people involved in crime will take advantage of children and young people and manipulate them into doing things they wouldn't normally do, such as helping to sell drugs, carrying weapons or stealing, which puts young people at risk. By understanding what to look for, such as potential warning signs that a young person is perhaps being exploited and knowing what information can help prevent crime, we can all play a vital part in keeping young people safe and saving lives.

The tactics that these people use are clever, and someone might not understand they are being used or 'groomed'. They can include:

- making a young person feel that they will be looked after and that they will gain respect or money

- giving gifts such as trainers or phones or giving compliments

- asking them to keep things secret

threatening to tell people what the young person has done

These tactics often mean the young person is then in their debt and will owe them favours, such as carrying weapons or selling drugs. They have no problem with putting a young person at risk to make money.

What shall I look for?

If you are concerned about a young person then there are things you can look for - subtle changes in behaviour that could be an indicator:

- Are they being secretive about where they are, what they are doing, who they are seeing?

- Will they let you look in their bags or pockets? Will they let you look at their phone, are they secretive about who is calling or messaging? Do they have multiple mobile phones?

- Are they coming home with items they can't afford, or they are unwilling explain where they got them - such as phones, expensive trainers or clothes?

- Are they going missing for periods of time or playing truant from school?

- Have they started to hang around with different or older people, have an older boy or girlfriend and perhaps aren't seeing their existing friends as much?

- Do they seem scared, quiet or angry a lot more than they used to?

- Do they have marks or injuries that they seem very secretive about?

Have they suddenly changed, or are they avoiding spending time with other people?

For more information on the signs of grooming see [Grooming and online grooming | Childline](#). If you have concerns that a young person is being groomed talk to the young person and outline your concerns. Ask about them about their own worries and discuss what you can do to help. You can also talk to school, your local police team or the NSPCC helpline on 0808 800 5000. If you are concerned this grooming is happening online the CEOP website (Child Exploitation and Online Protection) can offer advice and a way to report concerning behaviour at [CEOP Safety Centre](#). Sometimes having difficult conversations, whilst uncomfortable at the time, can prevent something more serious from happening.



Parent/Carer Group: Helping your Child with Anxiety

Run by practitioners from Be U Swindon

*Are you worried about your child's anxiety?
Do they often feel scared or overwhelmed, or avoid certain situations?*

Be U Swindon regularly run supportive parent/carer groups based on the trusted approach from Cathy Creswell's 'Helping your Child with Fears and Worries'.

Who is it for?

- Parents/carers of primary-age children experiencing anxiety, worries or avoidance behaviours.

What you'll gain:

- Understand how anxiety develops and what keeps it going
- Evidence-based strategies to help your child manage anxiety
- Build your confidence as a parent/carer
- Share experiences with others

Where / When:

- 7 online sessions accessed via Teams
- Each session is approx. 2 hours, including breaks

We run these groups throughout the year and vary the day of the week and time of day for each group.

How to refer:

- Scan the QR code or visit our website (beuswindon.co.uk/referrals) to access our referral form and state you are interested in this group.
- Referrals will be reviewed by the Be U Swindon team to ensure this group is the most appropriate form of support for your family. If another type of support is more suitable, we will contact you about this.

Common anxieties experienced by children that may be suitable to be supported within this group:

- My child worries about lots of things and needs lots of reassurance
- My child asks lots of questions about what is going to happen
- My child needs me to accompany them everywhere
- My child would feel scared do activities independently
- My child struggles to sleep in their own bed at night
- My child would feel afraid to go to new places
- My child finds it hard to speak to new people
- My child is scared to ask or answer questions in class
- My child worries about making mistakes or being told off
- My child would like to join a club or team but worries get in the way
- My child worries about what other people think of them
- My child has stopped doing something they used to enjoy due to worries
- My child expects something bad will happen to them or others
- My child thinks about the worst-case scenario

Scan to refer

Whatsapp for under 13's

Whatsapp have introduced a security feature for children under 13, called a 'parent-managed account'. Essentially these are accounts set up by the parent on the child's device, but managed from the parent's device. As well as no access to AI within WhatsApp and no ads there are parent management features which include:

- Contact management - parents can choose who can contact their child and which chat groups they can join. Children cannot join groups without parents approval. Messages from unknown contacts are sent to the parent first for approval.
- Activity notifications - parents can view their child's activity such as when a child adds a new contact or if disappearing messages are turned on. Parents will also be notified if their child blocks or reports a contact.

Whatsapp groups are increasingly popular amongst our older children and these new features seem to provide a level of support that doesn't already exist. For more information on how to set up an account, see [Introducing parent-managed accounts on WhatsApp - WhatsApp Blog](#)

RLK Supporters News



Date for your diary - the Summer Fair will be on

Saturday 20th June 2-4pm

The Summer Fair is fast approaching and the Supporters are already busy making plans. We are currently looking for items that can be used for our prize draw. Please let us know if you or a company you work for would be able to donate a prize for our prize draw. It could be something simple such as a voucher for a meal, hair or beauty treatment. If you are able to help us in this way or have any other ideas for a prize, please contact the RLK Supporters. You can speak to Mrs Beale, leave a note at the main office or email us at supporters@robertlekyng.bluekitetrust.org

More information about the Summer Fayre will be coming soon!

Supporters' Easter Raffle

A big thank you to all those who donated chocolate items or bought tickets for the Supporters' Easter Raffle. We had an amazing response which meant we were able to give out over 100 prizes at the end of last term. We also raised a fantastic £248.



Reading for Pleasure

When your child has finished reading a series of books or has read all the books by their favourite author, it can sometimes be difficult to think of what to read next. Recommendations from their friends are great but if you're looking for something more wide ranging, why not try looking at the 'Branching Out' posters on the Books for Topics website. Each poster focuses on a particular author or series of books and then suggests a wide range of fiction books that are similar. The 'Branching Out' posters can be found at [Best children's books - Branching Out Booklists & Posters](#)

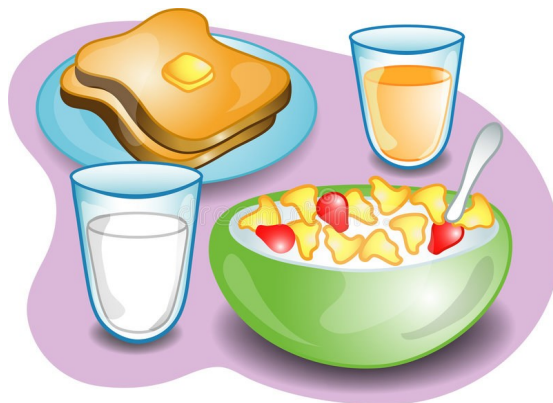
If you have any ideas for events we could hold or would like to know a little more about what we do please see Mrs Beale or email the Supporters using supporters@robertlekyng.bluekitetrust.org



Our breakfast club is open from 7.45 am every school day. Please contact the office if you'd like to book a space for your child.

A number of different activities are available each day and of course breakfast.

Booking and paying in advance for the next term attracts a 20% discount on the price.



Did you know that we have a Facebook page?



Just search for 'Robert le Kyng Primary School' on Facebook, look for the RLK school logo and select 'Like' to follow our page.

We use this page for general updates, photos and sharing of useful education based Facebook links.



Please note that the main platform for school communication is Parent-mail, telephone calls and the school office email address. (The Facebook page does not allow messages between parents and school and any personal posts added will be removed)

2025—2026 TD DAYS

1st September

3rd November

13th February

23rd February - School closed
Blue Kite Trust
Collaboration Day

22nd May

26th June

Every Friday afternoon all surplus fruit, veg and milk cartons will be put out in the KS2 playground for you to help yourselves.

