Allergen Report

Generated : 25/03/2026

Menu: Robert Le Kyng Primary - Week 3

COOMBS
CATERING PARTNERSHIP

✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information Vegetarian Vegan Gluten Free Modifier

Main Meals

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Fish Stars		✓		✓														✓									
Roast Gammon																											
Ham & Cheese Pizza		✓		✓																			✓				
Chicken Nuggets KS1		✓		✓																				✓			
Chicken Nuggets KS2		✓		✓																				✓			
Beef Bolognese - Allergy Free KEEP																											

Vegetarian Meals

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Vegetable Nuggets KS1 (VG)		✓		✓																							
Vegetable Nuggets KS2 (VG)		✓		✓																							
Vegetarian Sausages (VG/GF/DF)																					✓						
Cheese & Caramelised Red Onion Chutney Puff		✓		✓																	?		✓		?	?	
Cheese & Tomato Pizza - KEEP		✓		✓																			✓				
Vegetarian Mince Bolognese - (VG/GF) - KEEP																					✓						

Sides

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Homemade Bread		✓		✓													?				✓		✓				
Skin On Spicy Potato Wedges (VG)																											
Spaghetti (VG)	?	✓	?	✓	?																						
Yorkshire Pudding		✓		✓													✓						✓				
Diced Potatoes (VG)																											
Chips (VG)																											
Spaghetti Hoops		✓		✓																							
Garlic Bread / Garlic Slice / Garlic Flatbread	?	✓	?	✓	?																?		?				
New Potatoes (VG)																											
Peas (VG)																											
Baked Beans (VG/GF)																											
Side Salad (VG/GF/DF)																											
Sweetcorn (VG)																											
Broccoli (half portion) (VG/GF)																											
Carrots (half portion) (VG/GF)																											
Knorr Gravy (VG)																											

Third Option

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Jacket Potato (VG/GF/DF)																											
Jacket Potato Baked Beans Topping (VG/GF/DF)																											
Jacket Potato Grated Cheese Topping																							✓				
Jacket Potato Grated Vegan Cheese Topping (VG/GF/DF)																											
Jacket Potato Tuna Mayo Topping																	✓	✓									
Side Salad (VG/GF/DF)																											

Desserts

	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereals Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazelnuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Flapjack (VG) KEEP	?	?		✓	✓																						✓
Orange Jelly (VG)																											
Black Forest Brownie		✓		✓													✓				?		✓				
Vanilla Ice Cream with Strawberry Sauce & Sprinkles																							✓				
Lemon Drizzle Cake		✓		✓													✓				?						✓
Fruit - Apple (VG)																											
Fruit - Banana (VG)																											
Fruit - Grapes (VG)																											
Fruit - Orange (VG)																											
Yogurt (Mullerlight)																							✓				