



The email address for all correspondence is
officerlk@robertlekyng.bluekitetrust.org

The immunisation team will be visiting on: **Wednesday 26th November 2025**

This vaccination is recommended to help protect your child against flu. Flu can be an unpleasant illness and can cause serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu.

Most children are offered a nasal spray vaccine which is a quick, simple and painless spray up the nose.

Please complete the consent form (yes or no) using the link below. Please note, this link will close on Friday 21st November

[Flu Vaccination Consent Form](#)

Please use the school code: **WT149130**

NHS

flu: 5 reasons to vaccinate your child

- 1. Protect your child**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit www.nhs.uk/child-flu

Vacancies on the RLK Governing Board

Would you like to know more about education locally and nationally?

Are you looking for a rewarding volunteer role?

The Governing board is a great way to meet new people and gain new skills and experiences. We meet six times a year to discuss the strategic running of the school as well as meetings online or in person with Subject Leads and Senior Management.

We offer an extensive training package and support. You can find more information on the role on our webpage [Our Governors : Robert Le Kyng Primary School](#)

We currently have four vacancies that are available for anyone interested in this role, not just parents and carers of pupils.

If you or someone you know, are interested, please contact Tanya Stoneham, Clerk to Governors at

clerktogovs@robertlekyng.bluekitetrust.org



Year 4 have had their school sleepovers!

Class 10 were on one Friday night and class 9 were the following Friday. Both classes enjoyed playing out until dark then stopping for pizzas. After that, they flew their LED helicopters before having a camp fire and wildlife hunt. We saw a few foxes probably due to the jam sandwiches we put out for their dinner. We slept really well and then had breakfast.

Thank you to Mr Baldwin and Mrs Ward who slept over on both sleepovers and Miss Harrison and Mrs Coward who did one each. Without their commitment, our children would not have had this enjoyable opportunity.

Mr Barnett

Fraser Portraits will be coming into school to take individual photos on **Thursday 9th October 2025**



If you would like a group photograph with a pre-school sibling, please bring your children to the hall at 8.15.

Please also ensure that your child wears their jumper or cardigan. No green hair accessories please as this can compromise the 'green screen' process.

Please can you ensure that your child's PE kit is in school at all times. During the colder



weather the children may need warm jogging bottoms/leggings and a hoodie/jumper as well as their normal PE kit.

Can we also please ask that all children please bring a coat to school as the weather is getting much cooler and they need one for going out at playtimes.



Parent Support Advisor

Just a few events to make you aware of this week!

Firstly, Blue Kite Trust are running their next Family Foundations course after half-term at Greenmeadow school. I highly recommend this 6 week course to anyone who would like advice or support with parenting issues, it's packed full of good tips and strategies to try and I've had really positive feedback from our families that have attended.

The Citizens Advice Bureau also have a number of upcoming drop-in sessions around town if you would like advice or guidance on finances, benefits or housing. The closer ones to us here are:-

- ♦ Saturday 27th Swindon Recovery Festival, Town Gardens, SN1 4EN 12pm-4pm
- ♦ Wednesday 1st St Mary's Church Hall, SN2 2PF 9am-11am
- ♦ Tuesday 7th Let's Talk Housing, John Moulton Hall, Penhill, SN2 5DU 6pm-8pm
- ♦ Thursday 9th Let's Talk Housing, Cranmore Avenue Community Centre, Park South SN3 2ER 6pm-8pm
- ♦ Monday 13th Central Library SN1 1QG 10am-11.30am

FAMILY FOUNDATIONS
With Lighthouse

A SIX WEEK COURSE HELPING FAMILIES TO CREATE A MORE HARMONIOUS HOME

WHERE: GREENMEADOW PRIMARY SCHOOL (SN25 3LW)
WHEN: TUESDAYS, 9-11AM 11TH NOVEMBER- 16TH DECEMBER
WHAT: PRACTICAL IDEAS AND STRATEGIES TO SUPPORT BEHAVIOUR, RELATIONSHIPS AND HAPPINESS AT HOME

TO BOOK A SPACE OR FOR MORE INFORMATION
PLEASE CONTACT VDAVID@BLUEKITETRUST.ORG OR
BBRADLEY@BLUEKITETRUST.ORG

Follow our Instagram page for dates of other courses and general family life tips on [@lighthouse_bluekitetrust](https://www.instagram.com/lighthouse_bluekitetrust)

HM Government

Get 50p for every £1 you save

Apply now for **Help to Save** if you work and receive Working Tax Credit or Universal Credit.

gov.uk/helpertosave

This week I found out about the Government initiative Help to Save - it's a new savings account for families in receipt of Universal Credit and Working Tax Credit - it's aim is to encourage saving no matter how small and after 2 years and 4 years you will get a bonus of 50% of the highest balance you've had. I would encourage everyone eligible to open an account, you don't have to save regularly but will still get the bonus! For a better explanation see [Help to Save explained - MoneySavingExpert](#), or to apply go to gov.uk/helpertosave

As always, I am here to offer support and advice to all parents of children here at RLK. Parents/carers do not need to be referred but instead can contact me directly via the school office, or by emailing psa@robertlekyng.bluekitetrust.org

Drop in sessions happen every Tuesday. Please email me or ring the office if you would like to book a slot to discuss any issues, big or small, regarding parenting.

Tara Ward - Parent Support Advisor

SAFEGUARDING

Child-on-child abuse

Tips for parents and carers
How to prevent child-on-child abuse from happening and what to do if it does.

Internet
matters.org

What is child-on-child/peer-on-peer abuse?

Child-on-child abuse is when one child or young person causes harm to another, either in person or online. [KSCE: Protecting Children Safe in Education](#) reference different forms of child-on-child abuse:

- Bullying (including cyberbullying, prejudice-based and discriminatory bullying)
- Abuse in intimate personal relationships between children

- Physical abuse
- Sexual violence and sexual harassment
- Consensual and non-consensual sharing of nude and semi-nude images
- Causing someone to engage in sexual activity without consent
- Upskirting (taking a photo under someone's clothing without their permission)
- Initiation/hazing (type violence and rituals)

How to protect your child

Below are tips for what parents and carers can do to help prevent child-on-child abuse happening, whether purposeful or by accident.

Tip 1: Have age-appropriate conversations

Make sure your child or teen understands what child-on-child abuse is by having regular conversations.

Explain to them what inappropriate behaviour looks like as appropriate to their age and empower them to report anything that makes them uncomfortable, even if it's done by a close friend. It's important they don't brush abusive behaviour off as harmless banter. Improve your knowledge about the different online issues children may face and how they might be targeted here.

Helpful resources

- Conversation guide
- Advice by age

Parent story

Mum of 3, Emma, experienced child-on-child abuse firsthand when her 12-year-old daughter was made to view distressing violent images.

The 12-year-old's AirDrop had not been turned off and one day on the school bus, she received the image straight to her phone.

Talking to your child about their personal safety and setting up privacy controls can help prevent this type of child-on-child abuse from happening.

Tip 2: Set up privacy and security controls

Most apps, platforms and devices have privacy and security settings users can use to keep themselves safe online.

With your child or teen, set up these controls. Explain how they work and what impact they could have on their safety. Setting them up together can help them develop their understanding and take ownership of their safety. Get the whole family involved in digital boundaries and online safety with a family agreement.



Tip 3: Teach digital resilience and responsibility

Just like learning to cross the road safely or getting a road license, accessing everything the online world has to offer needs a certain amount of knowledge, responsibility and resilience.

When they get their first device, help your child learn how to use the internet properly. This could include how to communicate with others and where to get help when they need it.

Go along with them on their journey as they pass milestones like getting a new device or joining social media platforms to help them have positive interactions with others.



Creating a responsible digital citizen

- To help children learn to use the internet and their devices appropriately, try some of the following:
- Keep track of how they interact online, asking them to show you what they are doing and reducing the frequency as they become responsible
- Limit where they can have their devices, giving them less limits as they grow older
- Create joint accounts that you can access until they are old enough and can demonstrate proper understanding of safety online

How to deal with child-on-child abuse

1. Watch out for the signs

Signs that a child might be a victim of child-on-child abuse could include:

- changes in their normal behaviour
- knowledge of things inappropriate for their age
- substance abuse
- problems with sleep
- school avoidance
- unexplained injuries
- self-harm



Behaviours associated with a child who may be abusive towards another child include:

- aggression
- impulsivity
- short temper/irritability
- lack of empathy
- easily frustrated
- less likely to take responsibility for their actions
- a need to control or assert dominance

2. Acknowledge their feelings

Make space for what they might be feeling as a result of child-on-child abuse. Listen to how they feel – sad, angry, scared – and let them know that it's okay to feel those things as long as you support them as they heal.

However, children and young people who have been abused tend to blame themselves, and it's vital that you challenge these feelings of guilt. Their abuse didn't happen to them because they did something wrong. It is not their fault; they did not deserve the abuse. Help them externalise these thoughts instead of placing the blame on themselves.

3. Reach out to your child's school

If you are aware of child-on-child abuse that the school is not, it is critical that you inform them so they can put their own safeguards in place to protect your child. Ask them about their policies and their process for dealing with the issue; ask them for clear guidance on what you can do as their guardian.



[Child-on-child abuse: Guide for parents and carers | Internet Matters](#)

Reading for Pleasure

Reading can mean lots of things to different people. Many adults enjoy listening to stories, rather than reading the text. Children also love to hear stories, either read aloud by a family member, or by a familiar adult from a T.V. programme. If your children are looking for a story to listen to or watch, why not take a look at the Booktrust website. A range of stories can be found at:

<https://www.booktrust.org.uk/how-we-help/have-fun-at-home/storybooks-and-games/>

The webpage has a range of interactive books that can be listened to as well as links to some book related activities.



HARVEST DONATIONS 2025

Each year our school collects non-perishable, tinned and packet food which is then donated to the Swindon Food Collective (Swindon's food bank). The Swindon Food Collective then distribute your donated items to those in need, helping individuals and families that are finding it hard to feed themselves because of low wages, family crisis, delayed payments, redundancy, bereavement and/or sickness and the current cost of living crisis.

HOWEVER THINGS HAVE CHANGED THIS YEAR.

Firstly, please note that we currently **have plentiful supplies of** shower gel, pasta and baked beans.

Secondly, we continue to be fortunate in receiving great support from supermarkets through customer donations hence why this year, **we are asking for a mixture of food related items and household goods/toiletries to help keep families safe and well within their homes.** Many people have limited amounts of or are unable to afford cleaning products and toiletries on a regular basis.

We will be collecting donations from **Monday 6th October 2025 until Tuesday 14th October 2025.**

Thank you as always for your support.

Swindon Food Collective Is In Most Need Of:

| | | |
|--------------------------------------|---------------------------|--|
| Cleaning cloths/Anti Bac wipes | Household Cleaners | Laundry pods / powder / liquid/conditioner |
| Wash & Go 2in1 Shampoo / Conditioner | Deodorant (male & female) | Toothpaste & Toothbrushes |
| Surface Cleaners | Toilet Rolls | Tinned Tomatoes / Tinned Vegetables |
| Biscuits / Cereals | Tinned Fruit | Pasta Sauces |
| Tinned Meats / Tinned fish | Tinned Potatoes | Small Jars of Coffee / 1L of Squash |
| Tinned Puddings | Tinned Soup | Small Bags of Sugar |





SUPPORTERS NEWS

The new term is under way and the RLK Supporters have had their first meeting of the school year. We are already thinking ahead to the Christmas Fair on 6th December and beginning to make plans. If you would like to know a little more about what we do please see Mrs Beale or email the Supporters at supporters@robertlekyng.bluekitetrust.org

Date for your diary - the Robert le Kyng Christmas Fair will be held on Saturday 6th December 2pm to 4pm.



Key Stage 2 Theatre performance

On Monday the children in Key Stage 2 were treated to a performance of the classic tale A Little Princess by the M & M Theatre Company. The performance was then followed by a workshop with the Year 6 children. We've had some great feedback from children and staff and the cast members were also complimentary about the behaviour of our children. The theatre company will be returning next January to perform a pantomime for the children in Foundation Stage and Key Stage 1. A big thank you to the RLK Supporters for supporting the cost of this performance for our children.





Our breakfast club is open from 7.45 am every school day. Please contact the office if you'd like to book a space for your child.

A number of different activities are available each day and of course breakfast.

Booking and paying in advance for the next term attracts a 20% discount on the price.



Did you know that we have a Facebook page?



Just search for 'Robert le Kyng Primary School' on Facebook, look for the RLK school logo and select 'Like' to follow our page.

We use this page for general updates, photos and sharing of useful education based Facebook links.



Please note that the main platform for school communication is Parent-mail, telephone calls and the school office email address. (The Facebook page does not allow messages between parents and school and any personal posts added will be removed)

2025—2026 TD DAYS

1st September

3rd November

13th February

23rd February - School closed
Blue Kite Trust
Collaboration Day

22nd May

26th June

Every Friday afternoon all surplus fruit, veg and milk cartons will be put out in the KS2 playground for you to help yourselves.

