



The email address for all correspondence is
officerlk@robertlekyng.bluekitetrust.org

As the weather gets colder and more wintry, it is more tempting to drive your child to school. Unfortunately, there is very limited parking close to the school site so we would encourage you where possible to still walk to school. Westcott Street is very busy in the mornings, with staff and disabled transport requiring access to the school. On top of this there are many vehicles that need access to the sheltered housing. The car park is for staff only and there is no access for parents unless of course you have a blue badge.

I do understand that there is no easy answer to this problem, but at the moment, we are at high risk of a serious accident happening.

Please consider others when thinking about your journey to school. The safety of our children, parents & staff is paramount!



We are delighted to share the lovely news that Mrs Bostock has had a new baby daughter. Both she and her new baby are doing very well.

HARVEST DONATIONS 2025

The last day for harvest donations is next Tuesday (14th October). If you would still like to donate please do so before then.

The Swindon Food Collective are in particular need of household cleaners/toiletries and tinned produce to help keep families safe and well within their homes'

Thank you very much for your support.



The flu immunisation team will be visiting on **Wednesday 26th Nov 2025**

Please complete the consent form (yes or no) using the link below. Please note, this link will close on Friday 21st November [Flu Vaccination Consent Form](#)

Please use the school code: **WT149130**



School dinners

Our ladies in the kitchen serve up some very tasty meals at lunchtime for the children at RLK. Can we please ask that when booking school dinners for your child, please ensure that payment is made at the time of booking. Unfortunately, if your child's School Gateway account goes into arrears the ability to book further meals for your child is withdrawn until the outstanding balance is cleared.

All children in Reception, Year 1 and Year 2 are entitled to free school meals. School meals cost £2.50 daily however, your Year 3-6 child may also be entitled to free school meals if you are in receipt of certain benefits.

To apply please complete the 'Free school Meal Eligibility & Pupil Premium Application Form' available from the main office.



Packed lunches

The start of a New Year for many of us brings a resolution to eat more healthily, particularly if we've over indulged during the school break so now seemed a good time to revisit the kinds of items that should be in a child's packed lunch.

At RLK we encourage you to send in a healthy packed lunch, based on foods that your child likes, or would be willing to try. An easy way to plan a packed lunch is:-

Choose a main food

Choose a starchy based food in each packed lunch e.g. sandwich, wraps, bagels, pitta, rice, pasta, potatoes or couscous.

Choose a protein e.g. cheese, tuna, ham, chicken, hummus and/ or salad.

Add some fruit or salad

Choose a piece of fruit or salad in each packed lunch, carrot or pepper sticks are a great option.

Add a little something else

Choose an item that is low in sugar e.g. Rice cakes, popcorn, plain or low-sugar yoghurt and/or a packet of crisps

We ask that you do not send in sweets or chocolates and please limit the amount of sugary food packed, such as biscuits.



For some great recipe ideas and tips on how to make a packed lunch healthier have a look at <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/#swaps>, great advice for adults and children alike!



We are proud to be supporting the Royal British Legion's Poppy Appeal again this year and will be selling poppy merchandise in the main office. After half term, some of the Year 6 children will be selling the poppy merchandise in the playground before & after school too.



Vacancies on the RLK Governing Board

Would you like to know more about education locally and nationally?

Are you looking for a rewarding volunteer role?

The Governing board is a great way to meet new people and gain new skills and experiences. We meet six times a year to discuss the strategic running of the school as well as meetings online or in person with Subject Leads and Senior Management.

We offer an extensive training package and support. You can find more information on the role on our webpage [Our Governors : Robert Le Kyng Primary School](https://www.bluekitrust.org/our-governors)

We currently have four vacancies that are available for anyone interested in this role, not just parents and carers of pupils.

If you or someone you know, are interested, please contact Tanya Stoneham, Clerk to Governors at

clerktogovs@robertlekyng.bluekitetrust.org



Parent Support Advisor

Recovery College

www.second-step.co.uk/bsw-recovery-college

The BSW Recovery College offers free, in-person and online wellbeing courses and workshops for adults aged 18+ living in Bath & North East Somerset, Swindon and Wiltshire (BSW).

Their courses help people look after their mental health, develop new skills and connect with others. They are designed with people with their own experiences of mental health difficulties. The college is also open to carers, friends and family. Launched on 1st October, they're starting small with four courses in October - Managing anxiety, Better sleep, Mindfulness and Building resilience. Two more will be added in November and as they grow, they will add more sessions.

How to book on a course or workshop:

- Via our online booking system
- Via GPs and other professionals

For more information, visit www.second-step.co.uk/bsw-recovery-college/. You can also arrange an online or in-person overview of the service and courses for yourself or your team by emailing bswrecoverycollege@second-step.co.uk

The BSW Recovery College is run by Second Step as part of the BSW Mental Health and Wellbeing Partnership.

As always, I am here to offer support and advice to all parents of children here at RLK. Parents/carers do not need to be referred but instead can contact me directly via the school office, or by emailing psa@robertlekyng.bluekitetrust.org

Drop in sessions happen every Tuesday. Please email me or ring the office if you would like to book a slot to discuss any issues, big or small, regarding parenting.

Tara Ward - Parent Support Advisor

SAFEGUARDING



Have Your Say on Men's Mental Health in Swindon

We want to hear from men about their mental health, the support available locally, and where improvements are needed.

Your views will help us understand the current picture and identify gaps in services. Scan the QR code to take part – it's quick, anonymous, and makes a real difference.



Closing date:
31 October



Today is World Mental Health day and this year's theme is 'Access to services - mental health in catastrophes and emergencies'. Swindon Borough Council are particularly interested in gaining the views of men and how easy they find accessing support services. They currently have a survey open until 31st October and would welcome as many responses as possible. Please scan the QR code to take part, even if you have never accessed services your opinion is still very much wanted!



SUPPORTERS NEWS



The Supporters are already thinking ahead to the Christmas Fair on Saturday 6th December and making plans. We are beginning to look for prizes for the prize draw. Please let us know if you or a company you work for would be able to donate a prize. It could be something simple such as a voucher for a meal, hair or beauty treatment. If you are able to help us in this way or have any other ideas for a prize, please contact the RLK Supporters.

Our AGM (Annual General Meeting) will be held after the half term break. Watch out for more details about the AGM before the end of this term.

If you would like to know a little more about what we do please see Mrs Beale or email the Supporters at supporters@robertlekyng.bluekitetrust.org

Reading for Pleasure

You may have seen in the press that Friday 10th October is World Mental Health Day. Over the years there has been a lot of research around the benefits of reading for pleasure on both children's and adults' wellbeing.

Today we have taken part in the National Literacy Trust's 'Take 10 to Read' campaign, which promotes the benefits of reading on mental health.

Reading doesn't just have to be books, it can be a newspaper, a comic, a recipe or even listening to an audio book.

More ideas about encouraging reading for pleasure can be found at

[Literacy Trust](https://www.literacytrust.org/)



Our breakfast club is open from 7.45 am every school day. Please contact the office if you'd like to book a space for your child.

A number of different activities are available each day and of course breakfast.

Booking and paying in advance for the next term attracts a 20% discount on the price.



Did you know that we have a Facebook page?



Just search for 'Robert le Kyng Primary School' on Facebook, look for the RLK school logo and select 'Like' to follow our page.

We use this page for general updates, photos and sharing of useful education based Facebook links.



Please note that the main platform for school communication is Parent-mail, telephone calls and the school office email address. (The Facebook page does not allow messages between parents and school and any personal posts added will be removed)

2025—2026 TD DAYS

1st September

3rd November

13th February

23rd February - School closed
Blue Kite Trust
Collaboration Day

22nd May

26th June

Every Friday afternoon all surplus fruit, veg and milk cartons will be put out in the KS2 playground for you to help yourselves.





MUSEUM & ART
SWINDON

WHAT'S ON FOR FAMILIES

AUTUMN 2025



MUSEUM EXPLORER TRAIL

MUSEUM OPENING HOURS THROUGHOUT THE AUTUMN

FREE!

FOSSIL HUNTERS EXHIBITION

SAT 4 OCTOBER 2025 - SAT 11th APRIL 2026

Dino den, dressing up, activities, fossil trail...

FREE!



DINO DAY SAT 11 OCTOBER - 10.45AM TO 4PM

Face-painting, craft activities, meet Terence the Friendly T Rex.
Advance booking required.

DINO DAYS SAT 25, FRI 31 OCT, SAT 1 NOV - 10.45AM TO 4PM

Dinosaur crafts, Fossil Hunt trail, Dino Den

FREE!

DESIGN-A-DINO WORKSHOPS

TUES 28 OCT - 10.45AM, 11.45PM, 1.30PM, 2.30PM

£2



CHRISTMAS CREATIVE DROP-IN & TRAIL

SAT 6, SAT 13, SAT 20, TUES 23, SAT 27TH,
TUES 30, WED 31 DEC - 10.45AM TO 4PM

FREE!



More details at www.museumartswindon.com/whats-on
Email maslearning@swindon.gov.uk to book places.