

Allergen Report

Generated : 17/07/2025

Menu: Robert Le Kyng Primary - Week 3



✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information 🌿 Vegetarian 🥬 Vegan 🍴 Modifier

Main Meals

	Sulphites																										
	Mustard																										
	Lupin																										
	Celery and Celeriac	>																									
	Milk																										
	Sesame Seeds																										
	Soya and Soya Products																										
	Molluscs																										
	Crustaceans																										
	Fish									>																	
	Eggs																										
	Hazelnuts																										
	Tree Nuts																										
	Almonds																										
	Brazil Nuts																										
	Cashew Nuts																										
	Macadamia Nuts																										
	Pecan Nuts																										
	Pistachio Nuts																										
	Walnuts																										
	Other Nuts																										
	Peanuts																										
	Gluten (Oats)																										
	Cereals Containing Gluten	>																									
	Gluten (Rye)																										
	Gluten (Wheat)	>																									
	Gluten (Barley)																										
		Chicken Nuggets																									
		Beef Bolognese - Spaghetti																									
		Fish Stars																									
		Roast Gammon																									
		Ham & Cheese Pizza																									

Vegetarian Meals

Sulphites					
	Mustard				?
Celery and Celeriac	Lupin				?
	Milk			>	
Sesame Seeds					>
Soya and Soya Products				>	?
Molluscs					
	Crustaceans				
Fish					
Eggs					
Hazelnuts					
Tree Nuts					
Almonds					
Brazil Nuts					
Cashew Nuts					
Macadamia Nuts					
Pecan Nuts					
Pistachio Nuts					
Walnuts					
Other Nuts					
Peanuts					
Gluten (Oats)					
Cereals Containing Gluten		>	>	>	>
Gluten (Rye)					
Gluten (Wheat)		>	>	>	>
Gluten (Barley)			>		
	Vegetable Nuggets KS1 (VG) 	Vegetable Nuggets KS2 (VG) 	Vegetarian Bolognese - Spaghetti (VG) 	Vegetarian Sausages (VG/GF/DF) 	Cheese & Caramelised Red Onion Chutney Puff 
			>		Cheese & Tomato Pizza 

	Sulphites	>	<	>
Mustard				
Lupin				
Celery and Celeriac				
Milk	>	?>		
Sesame Seeds				
Soya and Soya Products		?>		
Molluscs				
Crustaceans				
Fish				
Eggs	>			
Hazelnuts				
Tree Nuts				
Almonds				
Brazil Nuts				
Cashew Nuts				
Macadamia Nuts				
Pecan Nuts				
Pistachio Nuts				
Walnuts				
Other Nuts				
Peanuts				
Gluten (Oats)		?>		
Cereals Containing Gluten	>	>		
Gluten (Rye)		?>		
Gluten (Wheat)	>	>		
Gluten (Barley)		?>		
Yorkshire Pudding >				
Mashed Potatoes (VG) >				
Garlic Bread / Garlic Slice >				
Broccoli (half portion) (VG/GF) >				
Carrots (half portion) (VG/GF) >				
Gravy (VG) >				
Chips (VG) >				
Baked Beans (VG/GF) >				
Homemade Potato Wedges (VG) >				>
Spaghetti Hoops >	>	>		
Sweetcorn (VG) >				
Diced Potatoes (VG) >				
Peas (VG) >				

Sulphites						
	Mustard					
	Lupin					
	Celery and Celeriac					
	Milk			>		
	Sesame Seeds					
Soya and Soya Products						
	Molluscs					
	Crustaceans					
Fish					>	
Eggs					>	
Hazelnuts						
Tree Nuts						
Almonds						
Brazil Nuts						
Cashew Nuts						
Macadamia Nuts						
Pecan Nuts						
Pistachio Nuts						
Walnuts						
Other Nuts						
Peanuts						
Gluten (Oats)						
Cereals Containing Gluten						
Gluten (Rye)						
Gluten (Wheat)						
Gluten (Barley)						
	Jacket Potato (VG/GF/DF) 🌱					
	Jacket Potato Baked Beans Topping (VG/GF/DF) 🌱					
	Jacket Potato Grated Cheese Topping 🌱					
	Jacket Potato Grated Cheese Topping (VG/GF/DF) 🌱					
	Jacket Potato Tuna Mayo Topping					
	Side Salad (VG/GF/DF) 🌱					

Desserts

	Sulphites	>		?	>
	Mustard				
	Lupin				
	Celery and Celeriac				
	Milk		>	>	
	Sesame Seeds				
	Soya and Soya Products		?		?
	Molluscs				
	Crustaceans				
	Fish				
	Eggs		>		>
	Hazelnuts				
	Tree Nuts				
	Almonds				
	Brazil Nuts				
	Cashew Nuts				
	Macadamia Nuts				
	Pecan Nuts				
	Pistachio Nuts				
	Walnuts				
	Other Nuts				
	Peanuts				
	Gluten (Oats)	>			
	Cereals Containing Gluten	>		>	>
	Gluten (Rye)				
	Gluten (Wheat)	?		>	>
	Gluten (Barley)	?		?	
	Flapjack (VG) 🌱				
	Orange Jelly (VG) 🌱				
	Black Forest Brownie 🌱				
	Vanilla Ice Cream with Strawberry Sauce & Sprinkles 🌱				
	Lemon Drizzle Cake 🌱				