

# Allergen Report

Generated : 04/04/2025

Menu: Robert Le Kyng - Week 2



✓ Contains Allergen   ? May Contain Allergen   ! Missing Allergen Information   🌿 Vegetarian   🥬 Vegan   👤 Modifier

## Main Meals

|   | Sulphites | Mustard | Lupin | Celery and Celeriac | Milk | Sesame Seeds | Soya and Soya Products | Molluscs | Crustaceans | Fish | Eggs | Hazel Nuts | Tree Nuts | Almonds | Brazil Nuts | Cashew Nuts | Macadamia Nuts | Pecan Nuts | Pistachio Nuts | Walnuts | Other Nuts | Peanuts | Gluten (Oats) | Cereal Containing Gluten | Gluten (Rye) | Gluten (Wheat) | Gluten (Barley) |  |
|---|-----------|---------|-------|---------------------|------|--------------|------------------------|----------|-------------|------|------|------------|-----------|---------|-------------|-------------|----------------|------------|----------------|---------|------------|---------|---------------|--------------------------|--------------|----------------|-----------------|--|
| Battered Fish Fillet (battered pollock) |           |         |       |                     | >    |              |                        |          |             | >    |      |            |           |         |             |             |                |            |                |         |            |         | >             | >                        | >            |                |                 |  |
| Beef Burger in a Bun                    |           |         |       |                     |      | ?            |                        |          |             |      |      |            |           |         |             |             |                |            |                |         |            |         | >             | >                        | >            |                |                 |  |
| Beef Lasagne                            |           | ?       |       |                     | >    |              | ?                      |          |             |      | ?    |            |           |         |             |             |                |            |                |         |            |         | >             | >                        | >            |                |                 |  |
| Roast Chicken - BPM                     |           |         |       |                     |      |              |                        |          |             |      |      |            |           |         |             |             |                |            |                |         |            |         |               |                          |              |                |                 |  |
| Pepperoni Pizza                         |           |         |       |                     | >    |              |                        |          |             |      |      |            |           |         |             |             |                |            |                |         |            |         | >             | >                        | >            |                |                 |  |

|                          |                                  |    |    |   |   |
|--------------------------|----------------------------------|----|----|---|---|
| Sulphites                |                                  |    |    |   |   |
| Mustard                  | c.                               | c. |    |   |   |
| Lupin                    |                                  |    |    |   |   |
| Celery and Celeriac      |                                  |    |    |   |   |
| Milk                     |                                  | >  | >  | > | > |
| Sesame Seeds             | c.                               |    |    |   |   |
| Soya and Soya Products   | c.                               | >  | c. |   |   |
| Molluscs                 |                                  |    |    |   |   |
| Crustaceans              |                                  |    |    |   |   |
| Fish                     |                                  |    |    |   |   |
| Eggs                     |                                  | c. |    |   |   |
| Hazel Nuts               |                                  |    |    |   |   |
| Tree Nuts                |                                  |    |    |   |   |
| Almonds                  |                                  |    |    |   |   |
| Brazil Nuts              |                                  |    |    |   |   |
| Cashew Nuts              |                                  |    |    |   |   |
| Macadamia Nuts           |                                  |    |    |   |   |
| Pecan Nuts               |                                  |    |    |   |   |
| Pistachio Nuts           |                                  |    |    |   |   |
| Walnuts                  |                                  |    |    |   |   |
| Other Nuts               |                                  |    |    |   |   |
| Peanuts                  |                                  |    |    |   |   |
| Gluten (Oats)            |                                  |    |    |   |   |
| Cereal Containing Gluten | >                                | >  | >  | > | > |
| Gluten (Rye)             |                                  |    |    |   |   |
| Gluten (Wheat)           | >                                | >  | >  | > | > |
| Gluten (Barley)          |                                  |    |    |   |   |
|                          | Vegetable Burger in a Bun (VG) 🌱 |    |    |   |   |
|                          | Vegetarian Lasagne 🌱             |    |    |   |   |
|                          | Cauliflower Cheese Bake 🌱        |    |    |   |   |
|                          | Cheese & Veg Bake 🌱              |    |    |   |   |
|                          | Cheese & Tomato Pizza 🌱          |    |    |   |   |

| Sulphites                                | > |
|--|---|
| Mustard                                  |   |
| Lupin                                    |   |
| Celery and Celeriac                      |   |
| Milk                                     |   |
| Sesame Seeds                             |   |
| Soya and Soya Products                   |   |
| Molluscs                                 |   |
| Crustaceans                              |   |
| Fish                                     |   |
| Eggs                                     |   |
| Hazel Nuts                               |   |
| Tree Nuts                                |   |
| Almonds                                  |   |
| Brazil Nuts                              |   |
| Cashew Nuts                              |   |
| Macadamia Nuts                           |   |
| Pecan Nuts                               |   |
| Pistachio Nuts                           |   |
| Walnuts                                  |   |
| Other Nuts                               |   |
| Peanuts                                  |   |
| Gluten (Oats)                            |   |
| Cereal Containing Gluten                 |   |
| Gluten (Rye)                             |   |
| Gluten (Wheat)                           |   |
| Gluten (Barley)                          |   |
| Roast Potatoes (VG) 🌱                    |   |
| Diced Potatoes (VG) 🌱                    |   |
| Baby Carrots (half portion)<br>(VG/GF) 🌱 |   |
| Spaghetti Hoops (VG) 🌱                   |   |
| Garlic Bread / Garlic Slice 🌱            |   |
| Green Beans (half portion)<br>(VG) 🌱     |   |
| Gravy (VG) 🌱                             |   |
| Chips (VG) 🌱                             |   |
| Baked Beans (VG/GF) 🌱                    |   |
| Corn on the Cob (VG) 🌱                   |   |
| Coleslaw 🌱                               |   |

|                          |  |  |   |   |  |
|--------------------------|--|--|---|---|--|
| Sulphites                |  |  |   |   |  |
|                          | Mustard  |  |   |   |  |
|                          | Lupin  |  |   |   |  |
|                          | Celery and Celeriac                              |  |   |   |  |
|                          | Milk   |  | > |   |  |
|                          | Sesame Seeds                                     |  |   |   |  |
| Soya and Soya Products   |  |  |   |   |  |
|                          | Molluscs   |  |   |   |  |
| Crustaceans              |  |  |   |   |  |
| Fish                     |  |  |   | > |  |
| Eggs                     |  |  |   | > |  |
| Hazel Nuts               |  |  |   |   |  |
| Tree Nuts                |  |  |   |   |  |
| Almonds                  |  |  |   |   |  |
| Brazil Nuts              |  |  |   |   |  |
| Cashew Nuts              |  |  |   |   |  |
| Macadamia Nuts           |  |  |   |   |  |
| Pecan Nuts               |  |  |   |   |  |
| Pistachio Nuts           |  |  |   |   |  |
| Walnuts                  |  |  |   |   |  |
| Other Nuts               |  |  |   |   |  |
| Peanuts                  |  |  |   |   |  |
| Gluten (Oats)            |  |  |   |   |  |
| Cereal Containing Gluten |  |  |   |   |  |
| Gluten (Rye)             |  |  |   |   |  |
| Gluten (Wheat)           |  |  |   |   |  |
| Gluten (Barley)          |  |  |   |   |  |
|                          | Jacket Potato (VG/GF/DF) 🌱                       |  |   |   |  |
|                          | Jacket Potato Baked Beans Topping (VG/GF/DF) 🌱   |  |   |   |  |
|                          | Jacket Potato Grated Cheese Topping 🌱            |  |   |   |  |
|                          | Jacket Potato Grated Cheese Topping (VG/GF/DF) 🌱 |  |   |   |  |
|                          | Jacket Potato Tuna Mayo Topping                  |  |   |   |  |
|                          | Side Salad (VG/GF/DF) 🌱                          |  |   |   |  |

Desserts

|                          |                                |    |   |   |    |   |
|--------------------------|--------------------------------|----|---|---|----|---|
| Sulphites                |                                |    |   |   |    |   |
|                          | Mustard                        |    |   |   |    |   |
|                          | Lupin                          |    |   |   |    |   |
|                          | Celery and Celeriac            |    |   |   |    |   |
|                          | Milk                           |    | > |   | >  |   |
|                          | Sesame Seeds                   |    |   |   |    |   |
|                          | Soya and Soya Products         | <. |   |   | <. | > |
|                          | Molluscs                       |    |   |   |    |   |
|                          | Crustaceans                    |    |   |   |    |   |
|                          | Fish                           |    |   |   |    |   |
|                          | Eggs                           | >  |   |   | >  |   |
|                          | Hazel Nuts                     |    |   |   |    |   |
|                          | Tree Nuts                      |    |   |   |    |   |
|                          | Almonds                        |    |   |   |    |   |
|                          | Brazil Nuts                    |    |   |   |    |   |
|                          | Cashew Nuts                    |    |   |   |    |   |
|                          | Macadamia Nuts                 |    |   |   |    |   |
|                          | Pecan Nuts                     |    |   |   |    |   |
|                          | Pistachio Nuts                 |    |   |   |    |   |
|                          | Walnuts                        |    |   |   |    |   |
|                          | Other Nuts                     |    |   |   |    |   |
| Peanuts                  |                                |    |   |   |    |   |
|                          | Gluten (Oats)                  |    |   |   |    |   |
| Cereal Containing Gluten |                                |    |   |   |    |   |
|                          | >                              |    |   |   | >  |   |
| Gluten (Rye)             |                                |    |   |   |    |   |
|                          |                                |    |   |   |    |   |
| Gluten (Wheat)           |                                |    |   |   |    |   |
|                          | >                              |    |   | > |    |   |
| Gluten (Barley)          |                                |    |   |   |    |   |
|                          |                                |    |   |   |    |   |
| Vanilla Sponge - B'ham 🌿 |                                |    |   |   |    |   |
|                          | Custard 🌿                      |    |   |   |    |   |
|                          | Fruit Salad (VG) 🌿             |    |   |   |    |   |
|                          | Strawberry Ice Cream Sundae 🌿  |    |   |   |    |   |
|                          | Secret Brownie 🌿               |    |   |   |    |   |
|                          | Orange & Mandarin Jelly (VG) 🌿 |    |   |   |    |   |
|                          | Milk Chocolate Cookie 🌿        |    |   |   |    |   |