Allergen Report

Generated: 07/01/2025

Menu: Robert Le Kyng Primary - Week 3



✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information 🥒 Vegetarian 🗸 Vegan 🖐 Modifier

Main Meals																												
	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Chicken Nuggets			~		~																				~			
Beef Bolognese - Spaghetti			~		~																				~			
Fish Stars			~		~														~									
Pork Sausages			~		~																	~						~
Spicy Beef Pizza			~		~																			~				

Vegetarian Meals

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Vegetable Nuggets KS1 (VG)			~		~																							
Vegetable Nuggets KS2 (VG)			~		~																							
Vegetarian Bolognese - Spaghetti (VG) Ø		~	~		~																	~			~			
Vegetarian Sausages (VG/GF/DF) Ø																						~						
Cheese & Tomato Pizza 🥭			~		~																			~				
Cheese & Onion Lattice @		?	~		~	?												?						~			?	

	R	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Yorkshire Pudding 🏉			~		~													~						~				
Mashed Potatoes (VG) Ø																												~
Garlic Bread / Garlic Slice			~		~																		?	~				
Broccoli (half portion) (VG/GF)																												
Carrots (half portion) (VG/GF) <i>♂</i>																												
Gravy (VG) Ø																												
Chips (VG)																												
Baked Beans (VG/GF) Ø																												
Peas (VG) Ø																												
Homemade Potato Wedges (VG) Ø																												~
Spaghetti Hoops (VG) Ø			~		~																							
Corn on the Cob (VG) Ø																												

Third Option

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Jacket Potato (VG/GF/DF)																												
Jacket Potato Baked Beans Topping (VG/GF/DF) Ø																												
Jacket Potato Grated Cheese Topping <i>₹</i>																								~				
Jacket Potato Grated Cheese Topping (VG/GF/DF)																												
Jacket Potato Tuna Mayo Topping																		~	~									
Side Salad (VG/GF/DF)																												

Desserts

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Flapjack (VG) Ø		?	?		~	~																						~
Carrot Cake 🥭			~		~													~				?						
Chocolate & Pear Traybake			~		~													~				?						
Custard 🥭																								~				
Orange Jelly (VG) Ø																												
Lemon Drizzle Cake 🥭			~		~													~				?						~