Allergen Report

Generated: 07/01/2025

Menu: Robert Le Kyng Primary - Week 1



✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information 🥒 Vegetarian 🗸 Vegan 👑 Modifier

lain Meals																												
	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Seminding
Fish Fingers KS1			~		~														~									
Fish Fingers KS2			~		~														~									
Roast Turkey																												
Chicken Tacos (GF)																												
Macaroni Cheese Topped with Crispy Bacon			~		~																	?		~				
Ham & Cheese Pizza			~		~																			~	?			

Vegetarian Meals

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Quorn Tacos 🥭																		~										
Cheese & Tomato Pizza 🥒			~		~																			~				
Vegetarian Sausages (VG/GF/DF) Ø																						~						
Macaroni Cheese 🥭			~		~																	?		~				
Cheese & Tomato Pinwheel			~		~													~						~				

	R	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Roast Potatoes (VG) Ø																												~
Spicy Potato Wedges (VG)			~		~																							
Baby Carrots (half portion) (VG/GF)																												
Baked Beans (VG/GF) Ø																												
Broccoli (half portion) (VG/GF) 💋																												
Gravy (VG) 💋																												
Garlic Bread / Garlic Slice			~		~																		?	~				
Chips (VG) Ø																												
Peas (VG) Ø																												
Rice - Primary (VG) Ø																												

Third Option

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Jacket Potato (VG/GF/DF)																												
Jacket Potato Baked Beans Topping (VG/GF/DF) Ø																												
Jacket Potato Grated Cheese Topping <i>₹</i>																								~				
Jacket Potato Grated Cheese Topping (VG/GF/DF)																												
Jacket Potato Tuna Mayo Topping																		~	~									
Side Salad (VG/GF/DF)																												

Desserts

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Chocolate Shortbread (VG)			~		~																	?						
Apple Crumble (VG) Ø			~		~																	?						
Custard 🥭																								~				
Strawberry / Fruity Mousse																								~				
Ginger Cookie (VG) 🗸			~		~																	?						
Fruit Salad (VG) 💋																												~