



We have had new email addresses rolled out across RLK and have a new email address for all correspondence which is

officerlk@robertlekyng.bluekitetrust.org



Today is Children In Need day and this year's theme is 'Be SPOTacular!'

It is great to see so many children and staff wearing spotty items such as socks and hairbands. We would like to thank you all for supporting our fundraising effort with your donations and will share our fundraising total with you next week.

TD DAYS

The remaining TD days for this school year are :

Wednesday 3rd January 2024

Monday 19th February 2024

Thursday 28th March 2024

Friday 28th June 2024

It's the time of year for coughs, colds and sneezes. Please see the attached guide for caring for children with coughs. This will help in deciding when to seek help for your child.

We are very grateful for any donations of spare uniform and have several boxes of uniform in a variety of sizes. If you have a spare portable clothes rail that you no longer use we would love to give it a new home here at RLK . Thank you



RLK Safeguarding

Next week is Road Safety Week, please see the poster sent with this newsletter for further information.

Parent Support Advisor



**Around 50% of
children will have
a sleep issue at
some point***

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am



One topic of conversation that comes up regularly, whether it's for us as adults or when talking about our children, is how much sleep we're getting. Sleep deprivation can have a serious impact on emotional, physical and mental health and it's a topic that many parents would like some support with. Early next year we are hoping to hold a sleep workshop here at RLK, but in the meantime the Sleep Charity have a national helpline for all sleep-related issues. Although the poster talks about children, they can give advice for adults as well and their website has some great tips for getting a good night's sleep!

www.thesleepcharity.org.uk

As always, I am here to offer support & advice to all parents of children here at RLK. Parents/carers do not need to be referred but instead can contact me directly via the school office, or by emailing psa@robertlekyng.swindon.sch.uk

Drop in sessions happen every Tuesday. Please email me or ring the office if you would like to book a slot to discuss any issues, big or small, regarding parenting.

In addition to Tuesday morning drop in sessions, I also open the school library on Mondays until 4pm where I am also available to discuss any issues.

Tara Ward - Parent Support Advisor



Swindon Christmas Toy Appeal

The Swindon Christmas Toy Appeal, run by churches across Swindon, is returning for the seventh year in a row. The aim is to bring a little hope and happiness to families who would find giving presents to their children very difficult without resorting to loans. A quarter of children in Swindon, almost 14,000 live in poverty, so it's a great opportunity to bring a smile to children (and their parents) this Christmas.

Many schools, churches, businesses, and organisations got involved last year. Over 4000 new toys, stocking fillers, books and soft toys were donated with presents given to a total of 546 children (217 families).

Between Monday 13th November and Sunday 3rd December this year, churches, businesses, schools, and organisations will again be gathering donations of brand-new toys for children aged 0-17. Families will be nominated to receive presents by agencies in the town, and by participating churches or schools. The referred families will then receive a personalised voucher which they can redeem at churches around Swindon in the two weeks running up to Christmas.

If you would like to like to get involved, please buy a present and take it to one of the [donation points](#) by 3rd December. Presents can also be made online and then delivered straight to our Bible Society at Stonehill Green, Westlea, Swindon SN5 7DG Alternatively, a financial donation can be made [here](#).

We thank you for your support. Kind regards,

Dawn Prosser

Swindon Toy Appeal Co-Ordinator
Tel: 07544 540476

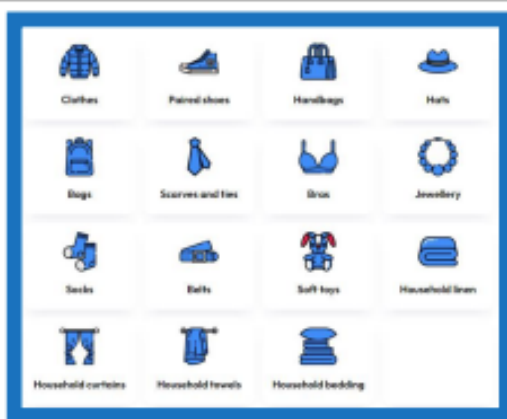


WOULD YOU LIKE TO MAKE MORE SPACE BEFORE CHRISTMAS AND HELP A CHARITY AT THE SAME TIME?

If so, look no further!

If you have any of the following items (in blue below), that you would like to donate and help us raise some much-needed funds, please bring them along in a black bin liner or shopping bag (bags cannot be returned), to Central@RLK on

Thursday 30th November 2023 or Friday 1st December 2023.



Apologies but Bag2School cannot accept any of the following items (in red on the right)



6th Swindon Scout group currently has spaces for all age groups from Age 6 through to age 11 and beyond.. If your son or daughter would be interested, we are hoping to have a stall at the upcoming Robert Le Kyng Christmas fair so feel free to pop by and have a chat. We'll also be taking Scout post mail, a great way to send Christmas Cards locally, both cheaply and supporting your local community at the same time! We are running our own Christmas Fayre on the 2nd of December at Saint Saviour's Church Hall, 2-4pm, everyone is welcome. If you are interested in running a stall, please contact 6thswindonscoutsgsl@gmail.com.

Scouts 
Swindon

Supporters

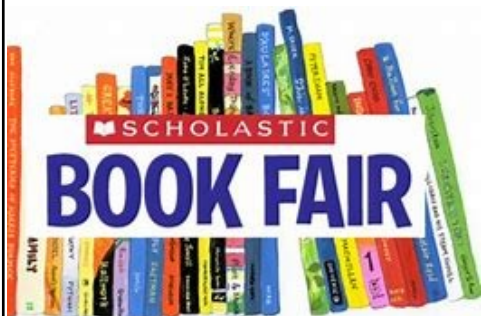
Reading for Pleasure

As mentioned in the previous newsletter, we are always trying to find ways of promoting reading for pleasure. A big thank you to all those Key Stage 1 parents who came along to our Reading at Home workshop on Tuesday. If you were unable to come along and would like information please ask either Mrs Harris, the Reading Lead or Mrs Beale, the Reading for Pleasure Lead. We hope to add the workshop presentation to the school website in the next few days.

In the last newsletter we recommended www.booksfortopics.com. Another website that has lots of ideas and handy hints is www.booktrust.org.uk. The section 'Reading with your Child' has some great tips.

Don't forget that the school library is open after school on Mondays until 4pm. It is a great opportunity to share a book with your child. The session is run by Mrs Ward, Our Parent Support Advisor, who will also be available to discuss any issues, if you wish.

Book Fair



A big thank you to all those who came along to sell or buy books at our recent book fair. It was incredibly well supported and as a result we have raised over an amazing £500 worth of commission to spend on books for the children for their classrooms. **We thought you might like to know that since the school started holding book fairs, over 20 years ago, the school has received £22,000 worth of books bought with the commission! That is an amazing achievement, so thank you to all parents, past and present!**

Preparations for the Christmas Fair on Saturday 9th December are well under way. Don't forget to let us know if you are able to come along and help on the day. We are beginning to collect some donations already and we will be having a non-uniform day on December 1st, when other donations can be brought in. Posters with suggested items for donations can be found on the classroom windows. Books of tickets for the Prize draw will be sent home sometime next week.



Thank you

The Robert le Kyng School Supporters



Did you know that we have a Facebook page?



Just search for 'Robert le Kyng Primary School' on Facebook, look for the RLK school logo and select 'Like' to follow our page.

We use this page for general updates, photos and sharing of useful education based Facebook links.



Please note that the main platform for school communication is Parentmail, telephone calls and the school office email address. (The Facebook page does not allow messages between parents and school and any personal posts added will be removed)