



### Robert Le Kyng Primary School

Newsletter Date -29 September 2023

We have had new email addresses this week rolled out across RLK and have a new email address for all correspondence which is

officerlk@robertlekyng.bluekitetrust.org

#### Job Vacancy

Would you like to join our MDSA team?

We would love to hear from you if you'd like to help with supervising the children at lunchtime. Please register your interest with the office team either in person, by calling us on 01793 523119 or emailing

officerlk@robertlekyng.bluekitetrust.org



Can we please remind you that if your child brings a packed lunch that they have healthy items in it. You might want to include a sandwich or wrap a piece of fruit or raw vegetable a yoghurt or jelly



Fraser Portraits will be coming into school to take individual photos on Thursday 12th October 2023

If you would like a group photograph with a pre-school sibling, please bring your children to the hall at 8.15.

Please also ensure that your child wears their jumper or cardigan. No green hair accessories please as this can compromise the 'green screen' process.

## Opportunity to gain a Blue Peter 'Book Badge'

Is your child aged between 5 and 15? Do they have a favourite book? Would they like a Blue Peter Badge?

Well, we have just the task for them! Blue Peter have launched a new badge called 'The Book Badge', which has been designed by the famous and talented Illustrator, Quentin Blake. For your child to earn their badge, they need to share their love of a book or books with Blue Peter by answering a few questions. Click the link to find out more and earn a Blue Peter Badge! <a href="https://www.bbc.co.uk/cbbc/findoutmore/blue-peter-apply-">https://www.bbc.co.uk/cbbc/findoutmore/blue-peter-apply-</a>



for-a-book-badge?fbclid=IwAROkKAEQXjNKzZmr-Azyv6pzY2lSj0YQGRB2HfOkKgeBgjpcmJHLSINd-KI8\_aem\_ARG5FH-

S6G6ceY5LoVqMHWuo1xAVuU4EvpILNoCb907-a1XaFVYuab-WyseXMI40QnA

We look forward to seeing the children's badges and will be making a display in the library to celebrate RLK children who have joined 'The Book Badge' club.

Mrs Harris and Mrs Beale

# Parent Support Advisor

Earlier this year we held a very successful 10 week parenting programme here at RLK and the course was written and planned by an organisation called Family Lives. They also work directly with parents and their website has some great articles and videos on all things parenting related, from the benefits of singing with babies and toddlers to school refusal in older children. They are currently offering several **free** online short courses for parents of primary age children such as:-

- Bringing up confident children
- A new baby in the family
- Sibling arguments and how to manage them
- Let's play (for early years as well as primary age children)
- Coping with teens

All of the sessions are filled with techniques and ideas that will help you become a more confident and happy parent. Crucially, you can do the course whenever and wherever suits you and work through it at your own pace. For more information or to register please go to:- <a href="https://www.familylives.org.uk/how-we-can-help/online-parenting-courses">https://www.familylives.org.uk/how-we-can-help/online-parenting-courses</a>

For those of you that may have missed the original parenting programme, or been unable to attend due to other commitments, I am able to offer this support on a one to one basis. Please get in touch if you think it may be beneficial for you.

As always, I am here to offer support & advice to all parents of children here at RLK. Parents/carers do not need to be referred but instead can contact me directly via the school office, or by emailing <a href="mailing-psa@robertlekyng.swindon.sch.uk">psa@robertlekyng.swindon.sch.uk</a>

Drop in sessions happen every Tuesday. Please email me or ring the office if you would like to book a slot to discuss any issues, big or small, regarding parenting.

Tara Ward - Parent Support Advisor

#### RLK Safeguarding Newsletter

#### **Honour Based Abuse**

Honour-based abuse is a crime or incident committed to protect or defend the 'honour' of a family or community. If your family or community think you've shamed or embarrassed them by behaving in a certain way, they may punish you for breaking their 'honour' code.

Is honour-based abuse happening to you?

Have you been threatened or abused if you've tried to:

- have a relationship or marry someone outside your community or someone within your community that your family don't approve of
- separate or divorce
- talk to certain people
- have sex before marriage
- become pregnant or give birth outside of marriage
- wear clothes your family or community think are inappropriate
- use drugs or alcohol
- access higher education
- challenge what your family or community expect of you
- disagree with the religion of your family or community

People who carry out honour-based abuse are often close family members but also extended family or community members.

#### Types of honour-based abuse

There isn't one specific crime of honour-based abuse. It can involve a range of crimes and behaviours, such as:

- forced marriage
- <u>domestic abuse</u> (physical, sexual, psychological, emotional or financial)
- sexual <u>harassment</u> and sexual violence (<u>rape and sexual assault</u> or the threat of)
- threats to kill, physical and emotional violence and murder
- pressure to go or move abroad
- being kept at home with no freedom
- not allowed to use the telephone, internet, or have access to important documents like your passport or birth certificate
- isolation from friends and members of your own family

If you are worried that someone you know may be being abused, or you are experiencing abuse yourself, please report it on 999 or 101 for non-immediate threats to safety. Alternatively <a href="https://www.met.police.uk/advice/advice-and-information/honour-based-abuse/report-honour-based-abuse/">https://www.met.police.uk/advice/advice-and-information/honour-based-abuse/report-honour-based-abuse/</a> can link you to an online form to complete. They also have a comprehensive list of organisations that can support people experiencing this kind of abuse.





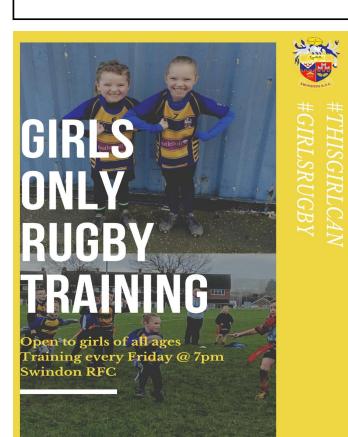
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Messy church is a family worship initiative run by the Old Town Partnership of Curches in Swindon (Christ Church CofE, Bath Road Methodist Church, and Immanuel United Reformed Church, see <a href="https://www.sotpc.org.uk">https://www.sotpc.org.uk</a>).

Messy Church takes place on the 1st Sunday of each month at Bath Road Methodist Church 3.00pm-4.30pm. Activities are aimed at families with children aged 0-10 who attend together, with worship and tea & cake. (No unaccompanied children please). This Sunday, 1st October, our theme is Harvest.





National Badminton are running professional badminton coaching sessions at Croft Sports Centre, Swindon and Lime Kiln Leisure Centre, Royal Wootton Bassett and it would be great to see some of your students at these sessions, we are also offering the first 4 weeks for only £10!

+44 1793 521148

secretary@swindonrfc.co.uk

For further information please contact

#### **National Badminton**

0330 551 9497

www.nationalbadminton.org.uk



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#### Supporters

#### Sign up with



As mentioned in the last newsletter, the RLK Supporters have now registered with a new scheme called Easyfundraising. This scheme is linked to many online retailers, who donate a small percentage to the RLK Supporters fund when you shop online.

To register to donate to the RLK Supporters' fund while purchasing, click on the link below. Then click on 'sign up and support our cause' and follow the instructions on screen. The instructions may be different depending on the device you register on.

https://www.easyfundraising.org.uk/causes/robert-le-kyng-school-supporters? &utm\_source=adminact22sharebox

Each time you shop with easyfundraising.org.uk they will automatically make a donation to the RLK Supporters' charity. You do not need to select the charity each time. If at any time you wish to donate to a different charity, click on 'Change charity' and you can search for a different charity to support.

When the RLK Supporters' fund receives the donations they will appear as completely anonymous. We receive no information about the accounts from where purchases have been made.

Please pass this information onto any family or friends who you feel would like to help the RLK Supporters in their fundraising.

#### Dates for your diary

The Supporters AGM will be held on **Thursday 19<sup>th</sup> October at 3.30pm** in the school library. Please come along.

The Supporters Christmas Fair will be held on Saturday 9th December from 2pm to 4pm.



Thank you

The Robert le Kyng School Supporters



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Our breakfast club is open from 8am every school day. To book a space please contact the school office.

A number of different activities are available each day and of course breakfast.

Booking and paying in advance for the next term attracts a 20% discount on the price.





Did you know that we have a Facebook page?



Just search for 'Robert le Kyng Primary School' on Facebook, look for the RLK school logo and select 'Like' to follow our page.

We use this page for general updates, photos and sharing of useful education based Facebook links.



Please note that the main platform for school communication is Parentmail, telephone calls and the school office email address. (The Facebook page does not allow messages between parents and school and any personal posts added will be removed)

#### TD DAYS

The remaining TD days for this school year have been finalized. They are:
Monday 30th October 2023
Wednesday 3rd January 2024
Monday 19th February 2024
Thursday 28th March 2024
Friday 28th June 2024